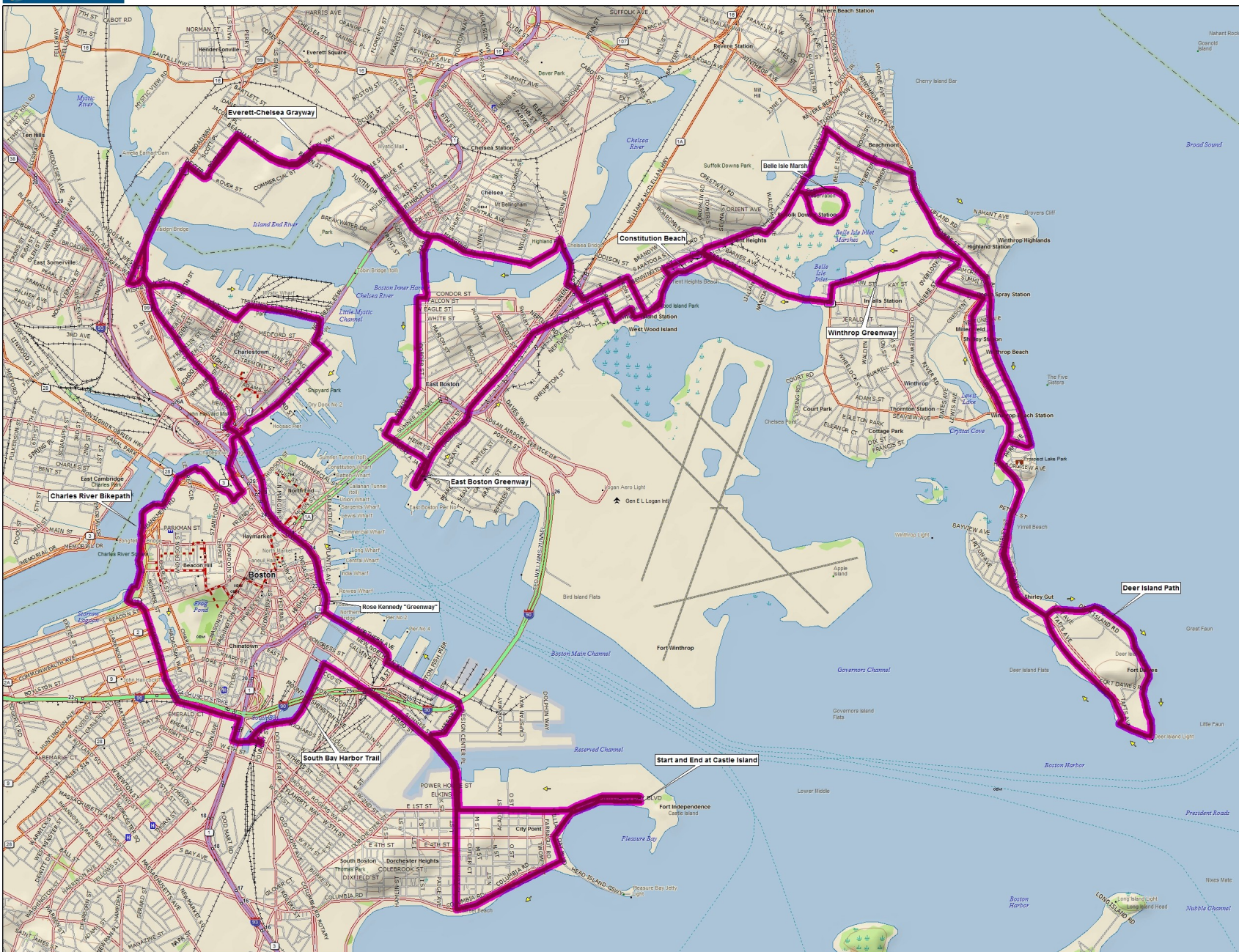


# A Bicycle Tour of the Harbor Islands: Castle Island to Deer Island, Sunday, July 22, 2007



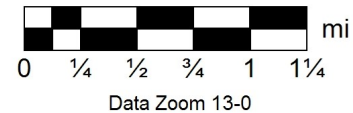
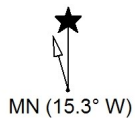
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## A Bicycle Tour of the Harbor Islands: Castle Island to Deer Island, Sunday, July 22, 2007

Miles	Turns	Miles	Turns	Miles	Turns
0.0	Start at Castle Island concession stand	12.6	Right on Bennington St.	27.9	Straight on Beacham St.
0.4	Bear Right on 1st St.	13.3	Right into Belle Isle Marsh Reservation	28.9	Left on Robin St. (after oil tanks)
1.1	Right on Summer St.		Follow crushed stone loop counter clockwise	29.3	Right on Dexter St.
1.6	Right on Drydock Ave. (after crossing Reserve Channel)	14.1	Right on Bennington St.	29.4	Left on Broadway at light
1.7	Left on Harbor St.	14.5	Right on Winthrop Ave.	29.8	Cross Mystic River on grating bridge
1.9	Left on Northern Ave.	15.1	Right on Winthrop Parkway (MA 145)	30.2	Around Sullivan Square rotary
2.4	Bear Right on Northern Ave.	15.4	Straight on Revere St. (MA 145)	30.3	Right on Main St.
2.8	Cross Fort Point Channel (on old Northern Ave. Bridge)	15.8	Straight on Crest Ave. (MA 145)	30.4	Left on Medford St.
2.9	Right along Rose Kennedy "Greenway"	15.9	Straight on Winthrop Shore Drive	30.9	Left on Terminal St.
3.7	Bear Right on North Washington St.	16.9	Right on Beacon St.	31.5	Right on Chelsea St.
3.9	Cross Charles River on grating bridge	17.0	Left on Shirley St.	31.6	Left on 13th St.
4.2	Cross City Square to Main St. in Charlestown	17.9	Bear Left on Tafts Ave.	31.7	Right on 1st Ave.
5.4	Right on Route 99	18.3	Cross causeway to Deer Island	32.1	Straight through Charlestown Navy Yard
5.6	Cross Mystic River on grating bridge	18.4	Right onto path through parking lot	32.3	Straight on Constitution Rd.
6.1	Right on Dexter St.	19.6	Stop at tip of Deer Island (to view Harbor Islands)	32.5	Go under Washington St.
6.2	Left on Robin St.		Continue on path clockwise around island	32.6	Left through Paul Revere Landing Park
6.6	Right on Beacham St. (Everett-Chelsea Grayway)	20.6	Left on Tafts Ave.	32.7	Walk bikes across New Charles River Dam
7.5	Straight on Williams St.	20.7	Return to mainland	32.8	Straight on Accolyn Way
8.1	Right on Pearl St. (at light)	21.0	Bear right on Shirley St.	32.9	Right on Causeway St.
8.3	Cross Chelsea River on McArdle Bridge	22.6	Bear right on Beach Rd.	33.0	Left toward North Station
8.4	Right on Condor St. (at light)	22.8	Left on Locust St.	33.1	Straight along Nashua St.
8.5	Left on Border St.	23.1	Right on Revere St.	33.3	Right onto New Esplanade
9.3	Right on Maverick St.	23.3	Left on Argyle St.	33.4	Straight on Charles River Bike Path
9.3	Left on New St.	23.4	Left on Winthrop Greenway	33.9	Straight under Longfellow Bridge
9.4	Left on Sumner St.	24.1	Straight on Pleasant St.	34.3	Right over Arthur Fiedler Footbridge
9.7	Right on S. Bremen St.	24.2	Right on Main St.	34.4	Straight on Arlington St.
9.8	Left onto East Boston Greenway (at blue caboose)	24.3	Cross Belle Isle Inlet to Saratoga St.	35.0	Bear left on Herald St.
11.0	Right on Bennington St.	25.0	Left on Bennington St.	35.4	Right on Albany St.
11.5	Right on Moore St.	25.3	Find lunch here and cross footbridge to beach	35.5	Left on Traveler St. under SE Expressway
11.6	Left on Cowper St.	25.4	Follow path right along beach	35.6	Straight on west sidewalk of Broadway bridge
11.7	Right on Byron St.	25.6	Straight on Coleridge St.	35.7	Right on ramp around and under bridge
11.8	Left on Coleridge St.	25.7	Right on Wordsworth St.	35.8	Right on Foundry St.
12.0	Straight on path behind Constitution Beach	25.9	Left on Saratoga St.	35.9	Straight on South Bay Harbor Trail
12.4	Straight on Barnes Ave.	26.2	Right on Curtis St.	36.6	Up steps through building
12.5	Left on Saratoga St.	26.4	Right on Chelsea St.	36.6	Right on Summer St.
		26.5	Cross Chelsea River	37.8	Straight on L. St.
		26.6	Left on Marginal St.	38.4	Left on Day Blvd. (or sidewalk)
		27.5	Straight on Williams St.	39.1	Left on Day Blvd. along Pleasant Bay
				39.8	End ride at Castle Island concession stand