

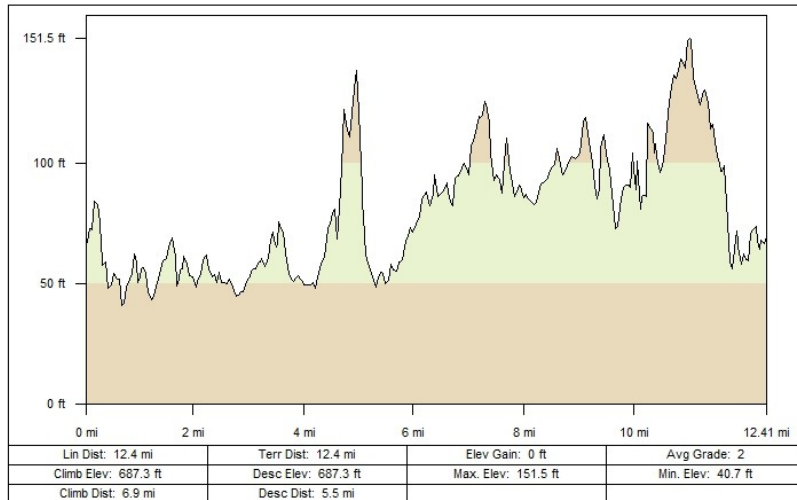
# A Bicycle Ride along Mother Brook (or Down by the Old Mill Stream)

## 10:00 am, Saturday, November 17, 2007

Mother Brook is the oldest industrial canal in North America. A tributary of the Neponset River, its headwaters were connected to the Charles River in Dedham in 1650, and the additional volume was used to power some of the earliest mills in Massachusetts. We'll start at the Bajko Rink parking lot in Stony Brook Reservation, off the Turtle Pond Parkway in Hyde Park. First, we'll ride downstream to the confluence of Stony Brook and the Neponset River. Then we'll head upstream past one of the most beautiful old mills around Boston in East Dedham turning around at the dam on the Charles across the VFW Parkway from the Dedham Mall where Mother Brook begins. On the way back to the starting point, we'll check out a possible rail trail in Dedham and use one of the lesser known paved paths through Stony Brook Reservation.

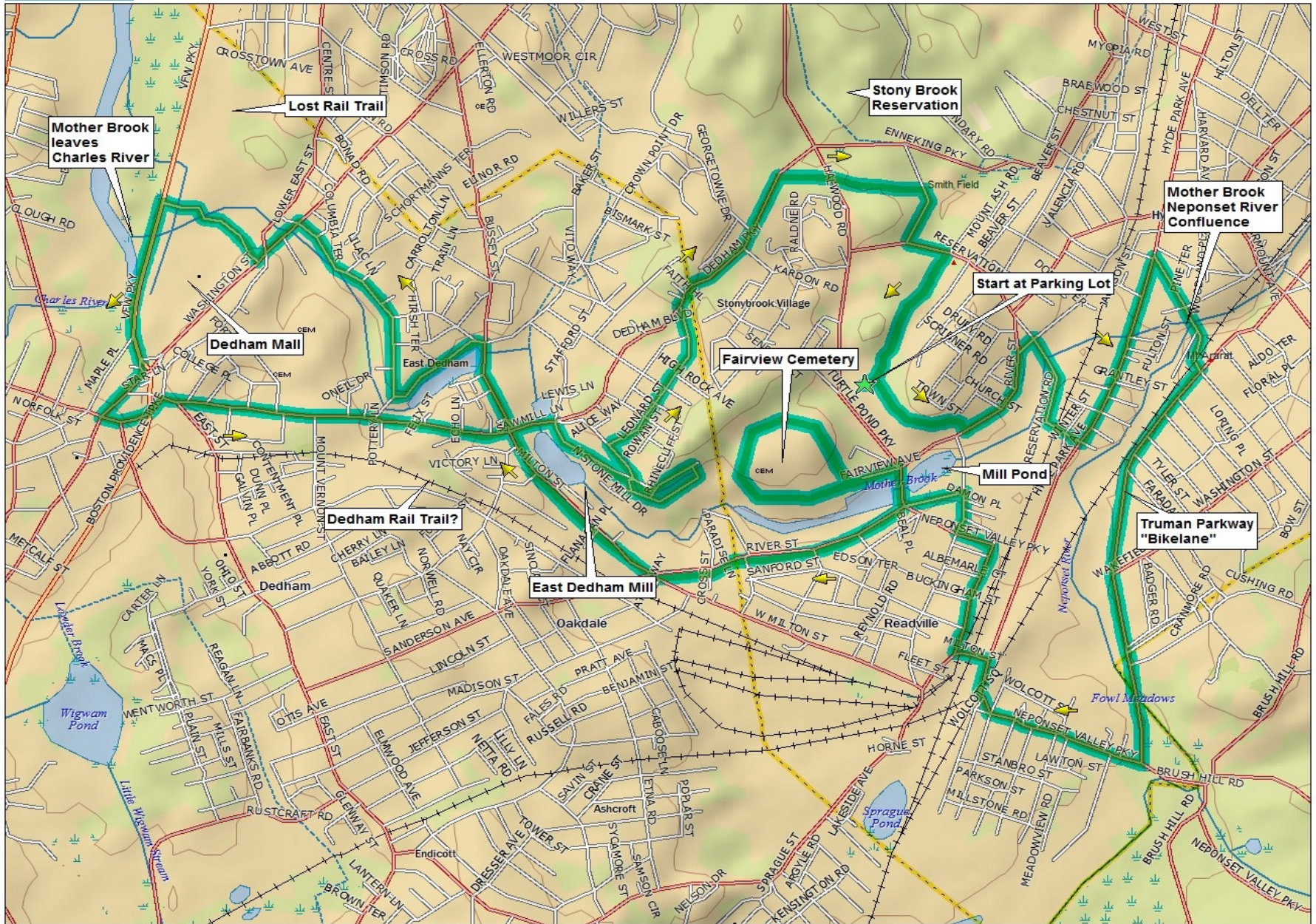


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Miles	Turn
0.0	Start at Bajko Rink parking lot
0.0	R. on path at back of skating rink
0.3	L. on River St. (at Mill Pond Dam on Mother Brook)
0.6	R. on Business St.
0.6	R. on Reservation Road
0.7	Cross Mother Brook
0.8	(Skateboard and BMX Park on left)
0.9	Go over Amtrak main line to New York
0.9	L. on Hyde Park Ave.
1.5	R. on Dana Ave.
1.7	Cross Neponset River (Mother Brook/Neponset confluence on right)
1.8	R. on Truman Parkway (paved shoulders should become bike lanes)
2.9	R. on Neponset Valley Parkway
3.2	Bear right at light (under Amtrak and commuter rail)
3.3	Bear R. on Hyde Park Ave.
3.4	L. on Milton St.
3.5	R. on Neponset Valley Parkway
3.8	L. on Neponset Valley Parkway
3.9	R. on Readville St.
4.0	L. on Readville St. at Knight St.
4.1	R. on River St. (Cross Mill Pond of Mother Brook)
4.2	L. on Fairview Ave. into Fairview Cemetery (Ride along Mother Brook and up hill)
5.2	R. on River St. back across Mill Pond
5.3	R. on River St.
6.0	R. on Milton St. at light
6.3	(East Dedham Mill on right)
6.5	Cross High St./Sawmill Lane at light
6.7	L. on Curve St. (mill pond on left)
6.7	L. on Colburn St.
7.0	R. on Maverick St.
7.2	Straight on Curve St.
7.5	L. on Washington St. (Dangerous intersection)
7.7	R. on Dedham Mall Road
7.9	R. across Mother Brook at stop sig
7.9	L. at stop sign
8.0	Cross Providence Highway at light
8.1	R. into parking lot (View dam where Mother Brook starts)
8.1	R. on Providence Highway
8.4	R. on Washington St.
8.6	L. on High St. at light
8.8	R. on High St. at light
9.6	Straight on Sawmill Lane at light (great view of East Dedham Mill across pond)
9.7	R. on Oakland St.
9.9	R. on Veterans Rd. (follow around loop)
10.4	Straight on Sherwood St.
10.5	R. on Leonard St.
11.0	R. on Dedham Parkway
11.4	R. on paved path through woods
11.5	Cross Turtle Pond Parkway
11.7	R. on Smithfield Rd.
11.9	L. on Reservation Rd.
12.0	R. on paved path past playground
12.4	R. into parking lot and end of ride



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