

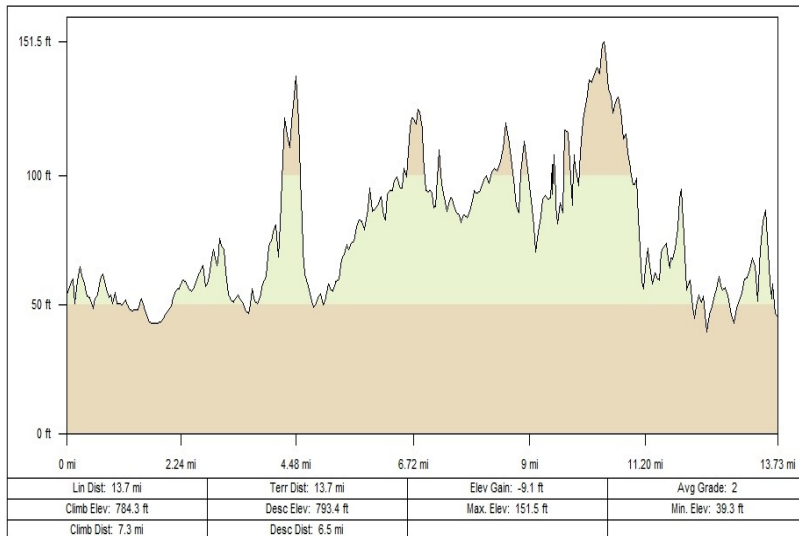
Following Mother Brook

1:00 pm, Sunday, November 8, 2009

Mother Brook is the oldest industrial canal in North America. A tributary of the Neponset River, its headwaters were connected to the Charles River in Dedham in 1650, and the additional volume was used to power some of the earliest mills in Massachusetts. We'll start at the intersection of Fairmount Ave. and the Truman Parkway in Hyde Park. First, we'll ride up the brand new bikepath to the Neponset Valley Parkway, then across Readville, stopping at the Stop and Shop warehouse site and Camp Meigs historic site before proceeding to River St. at the Mill Pond. We'll follow Mother Brook upstream all of the way to its source at the Charles River across the VFW Parkway from the Dedham Mall. We'll turn around and follow it downstream, with a detour through Stony Brook Reservation, to its confluence with the Neponset River a couple of blocks from our starting point.

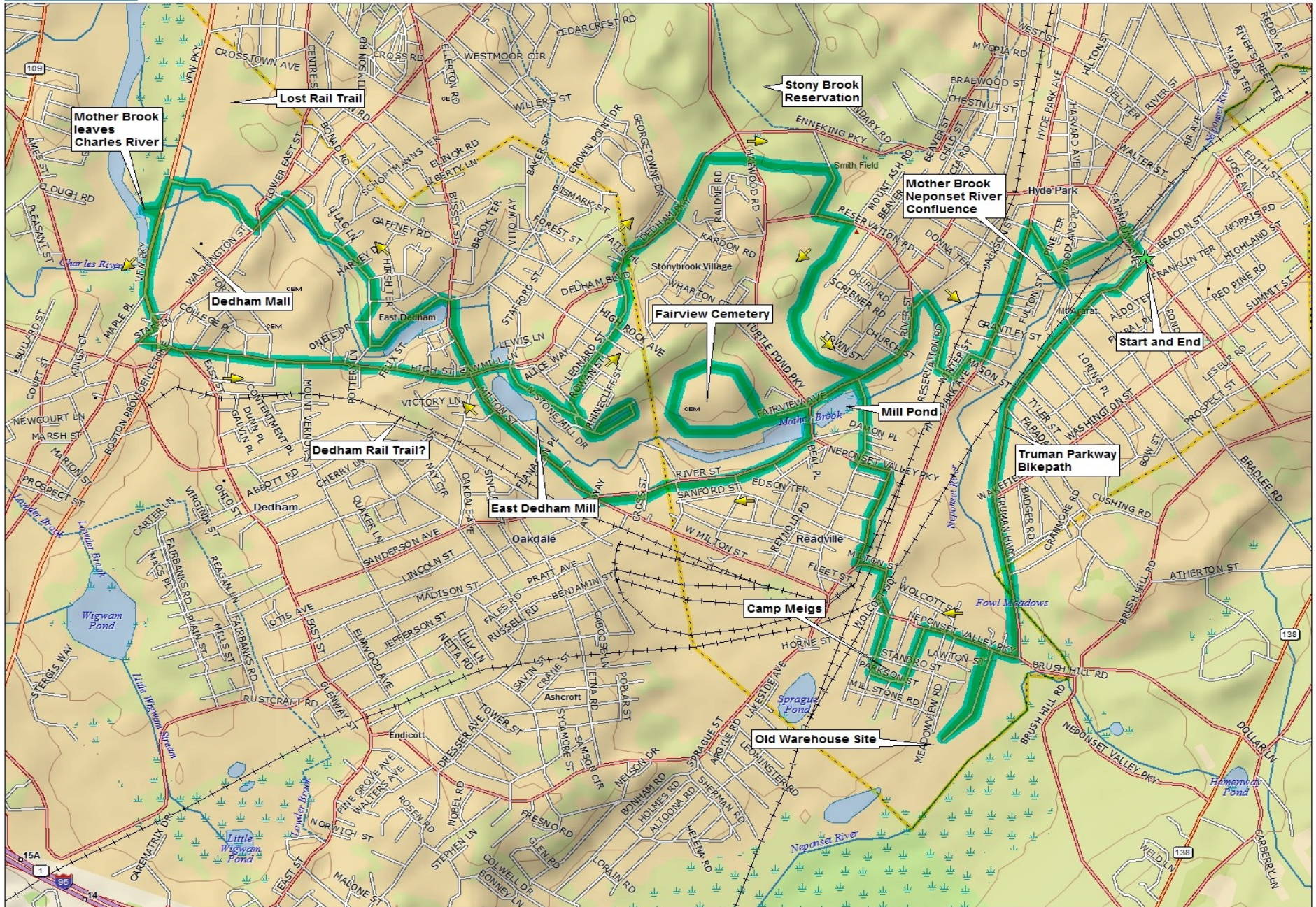


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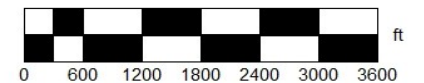
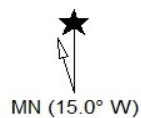
Miles	Turn
0.0	R. (south) on Truman Parkway
0.3	Bear R. onto new bikepath after Dana Ave.
1.4	R. on Neponset Valley Parkway
1.4	L. on Meadow Rd.
1.8	Turn around
2.2	L. on Neponset Valley Parkway
2.2	L. on Clifford St.
2.4	R. on Parkson St. at Camp Meigs
2.5	R. on Hyde Park Ave.
2.7	Bear left at light On Neponset Valley Parkway (under Amtrak and commuter rail)
2.8	Bear R. on Hyde Park Ave.
2.8	L. on Milton St.
2.9	R. on Neponset Valley Parkway
3.2	L. on Neponset Valley Parkway
3.3	R. on Readville St.
3.5	Cross Mother Brook at Mill Pond Dam
3.6	L. on River St.
3.7	Straight on Fairview Ave. into Fairview Cemetery (Ride along Mother Brook and up hill)
4.4	Stop for view atop of hill
4.7	R. on River St. back across Mill Pond
4.8	R. on River St.
5.5	R. on Milton St. at light (East Dedham Mill on right)
5.8	Cross High St./Sawmill Lane at light
6.0	L. on Curve St. (mill pond on left)
6.2	L. on Colburn St.
6.5	R. on Maverick St.
6.7	Straight on Curve St.
7.0	L. on Washington St. (Dangerous intersection)
7.2	R. on Dedham Mall Road
7.4	R. across Mother Brook at stop sign
7.4	L. at stop sign
7.5	Cross Providence Highway at light
7.6	R. into parking lot (View dam where Mother Brook starts)
7.6	R. on Providence Highway
7.9	R. on Washington St.
8.1	L. on High St. at light
8.3	R. on High St. at light
8.3	Straight on High St. at light
9.1	Straight on Sawmill Lane at light (great view of East Dedham Mill across pond)
9.2	R. on Oakland St.
9.4	R. on Veterans Rd. (follow around loop)
9.9	Straight on Sherwood St.
10.0	R. on Leonard St.
10.5	R. on Dedham Parkway
10.8	R. on paved path through woods
10.9	Cross Turtle Pond Parkway
11.1	R. on Smithfield Rd.
11.3	L. on Reservation Rd.
11.4	R. on paved path past playground
11.8	R. into parking lot
11.9	R. on path at back of skating rink
12.0	L. on River St. (at Mill Pond Dam on Mother Brook)
12.3	R. on Business St.
12.3	R. on Reservation Road
12.4	Cross Mother Brook (Skateboard and BMX Park on left)
12.5	Go over Amtrak main line to New York
12.6	L. on Winter St.
12.7	R. on Glenwood Ave.
12.7	L. on Hyde Park Ave.
13.1	R. on Dana Ave.
13.3	Stop at Neponset River (View Mother Brook/Neponset confluence)
13.3	Turn around
13.4	R. on Walnut St.
13.6	Mural under Fairmount Ave.
13.6	L. on Nott St.
13.6	L. on Fairmount Ave.
13.7	End at Truman Parkway



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